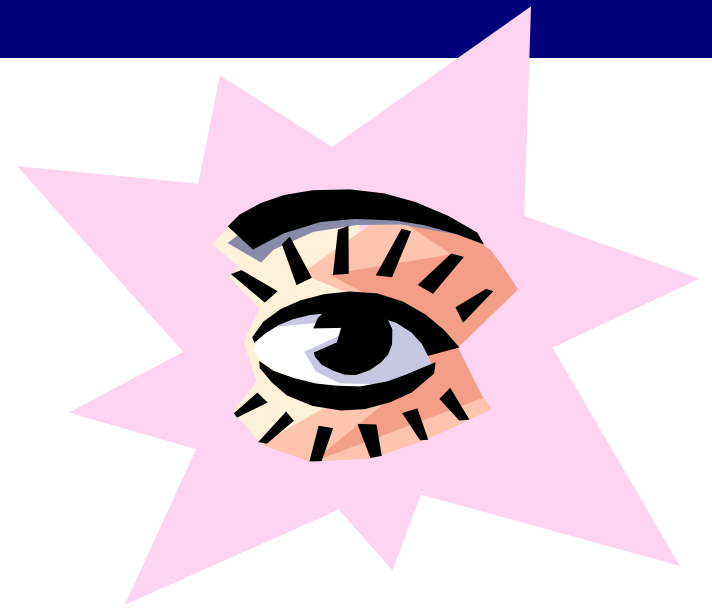




Your Focus Determines What You See

Matthew 6:21

**For where your treasure is,
there your heart will be also.**



Seeking answers for below



- What's necessary to produce the change?
- Why people see things differently?
- Why people behave in this way?
- Why history repeat itself?

LOOK

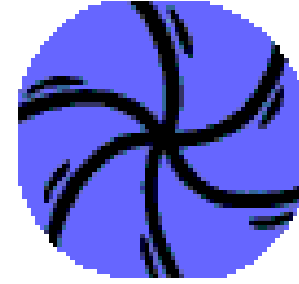


Old Woman or Young Lady?



Old man's face or Two lovers kissing?

Focus



To change what you see, you must change your focus.

- We see only when we look for it.
- What you consistently focus on in your life, you will achieve.
- Just like a camera

Seeing they do not see and hearing they do not hear

Matthew 13:10-13 The purpose of Parables

Matthew 6:21 For where your treasure is, there your heart will be also.

Do Not Judge

- **Matthew 7:1-5** "Judge not, that you be not judged. For with what judgment you judge, you will be judged; and with the measure you use, it will be measured back to you. And why do you look at the speck in your brother's eye, but do not consider the plank in your own eye? Or how can you say to your brother, 'Let me remove the speck from your eye'; and look, a plank is in your own eye? Hypocrite! First remove the plank from your own eye, and then you will see clearly to remove the speck from your brother's eye."

Today's problems

- Living in complex world
- We play multiple roles
- We want to excel at everything
- We believe "there's not enough time"

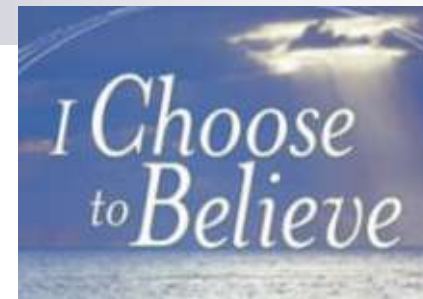


Power of Focus

- Whatever we focus on, we tend to attract
- Focusing on unimportant things is a recipe for stress
- Focusing on things that matter is the secret to an extraordinary quality of life
- Whatever you focus on you're going to believe.



Belief System



- “Whether you believe you can do something or you believe you can’t, you’re right.”
 - Positive Belief can make you a master
 - Negative Belief can make you a loser

- What is belief?
 - A feeling of absolute certainty about what something means
 - Belief control our behavior
 - They can be unconscious or conscious
 - Stems from things we’ve
 - Heard or seen
 - Felt a lot of emotion about
 - Repeated to ourselves again and again until we felt certain



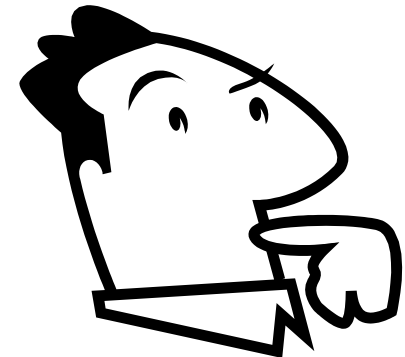
Belief



■ What the scriptures says about this:

- Matthew 21:22 And whatever things you ask in prayer, believing, you will receive."
- Mark 11:24 Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.
- Mark 9:23 Jesus said to him, "If you can believe, all things are possible to him who believes."
- Mark 11:23 For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says.

Thoughts



Evil Thoughts

- Matthew 15:19 For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies.

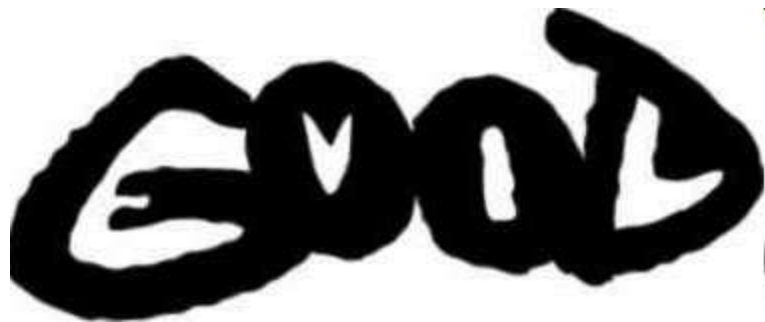
Change Your Thoughts

- Roman 12:2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.
- Colossians 3:2 Set your mind on things above, not on things on the earth.

Our Thoughts affect our Lives

- When we change our focus, we change our lives.
- What we focus on determines the direction in which we move.

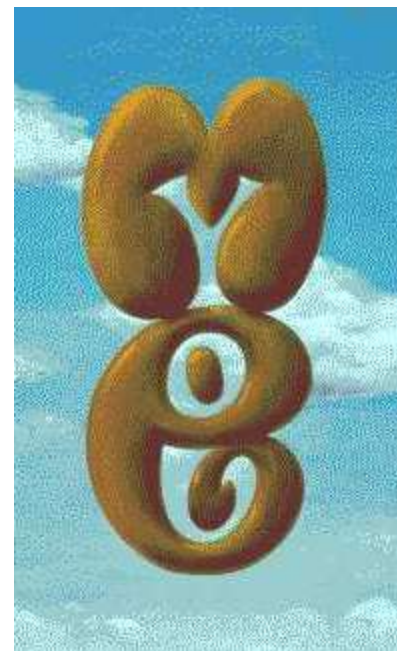




In black you can read the word GOOD; but the word EVIL also appears in white letters inside each black letter.



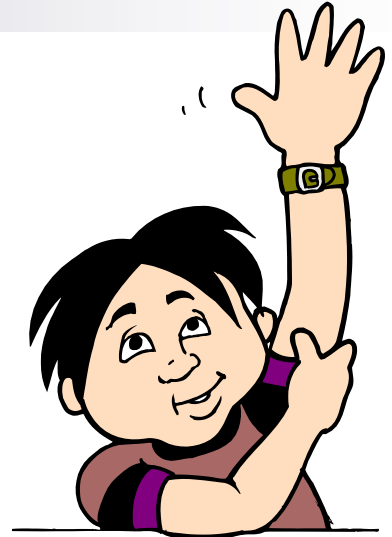
You may not see it at first, but the white spaces create the word OPTICAL, while the blue landscape spells out ILLUSION.



You probably read the word ME in brown, but..... when you look through ME you will see YOU!



Power of Questions



Keep Asking, Seeking, Knocking

- Matthew 7:7-8 "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened.

Example of Jesus Asking Questions

- Luke 2:46-47 Now so it was that after three days they found Him in the temple, sitting in the midst of the teachers, both listening to them and asking them questions. And all who heard Him were astonished at His understanding and answers.

Power in the Word of God

- Hebrews 4:12 For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.



Power of Questions



- The quality of life is the quality of communication.
- Nothing has any meaning except the meaning we give it through our internal communication

- What's important?
 - What to focus on?
 - What thing means to me?
 - What should I do now?
 - How you are going to live?
 - What person to become?



Accept Challenges

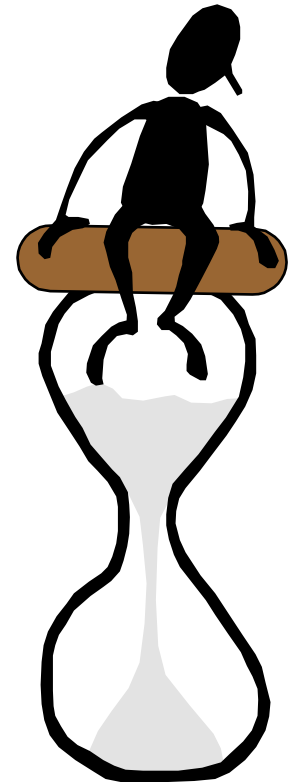
■ Will Power

- The turning Point
- Up-bringing
- Environment



■ Patience

- James 5:7 Therefore be patient, brethren, until the coming of the Lord. See how the farmer waits for the precious fruit of the earth, waiting patiently for it until it receives the early and latter rain.

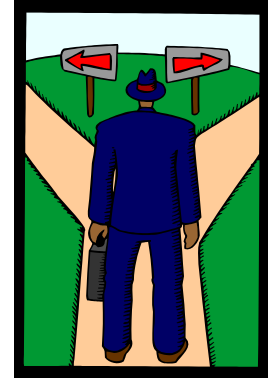


Clear Purpose with desire

- To find out the truth
- To continue with good works
- To seek and know God
- To obey and do God's will
- To change your heart
 - Repent and be baptized



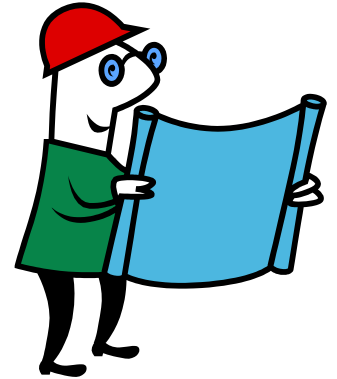
Decision



- Decisions precede all actions
 - Different actions produces different results
- Decisions alter your life
 - Where your destiny is shaped
- To make better decision
 - Make more decisions
 - Have a plan to make quality decision
 - Take massive actions to make it happen
 - Learn from your decision

Establish a Sense of Urgency

- You can't manage your time if you don't have a plan for your life.

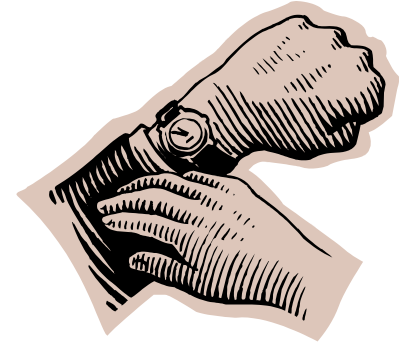


What's time?

- It's a way of looking at a moment, or at life, that produces an emotional state within us.
- Completely driven by emotion.



To Realize The Value of Time...



- To realize the value of **one year**:
Ask a student who has failed a final exam.
- To realize the value of **one month**:
Ask a mother who has given birth to a premature baby.
- To realize the value of **one day**:
Ask a daily wage laborer with kids to feed.
- To realize the value of **one hour**:
Ask the lovers who are waiting to meet.
- To realize the value of **one minute**:
Ask the person who has missed the train, bus or plane.
- To realize the value of **one second**:
Ask a person who has survived an accident.
- To realize the value of **one millisecond**:
Ask the person who has won a silver medal in the Olympics.



Conclusion

- Focus is the ultimate power
- Where are you putting your focus?

- To know the Lord's will and not do it is to be a fool
 - **Matthew 7:26-27** "But everyone who hears these sayings of Mine, and does not do them, will be like a foolish man who built his house on the sand: and the rain descended, the floods came, and the winds blew and beat on that house; and it fell. And great was its fall."

- **John 13:17** If you know these things, blessed are you if you do them.